

# **Limbo**<sup>®</sup>

The original waterproof protector

## Helping patients shower and bathe with confidence

Waterproof Protection for Casts,  
Air Walker Boots, Dressings  
and PICC Lines/Midlines



Proudly designed and  
manufactured in the UK  
since 1994.

 **Thesis**  
Technology

# Help restore patients' well-being with a LimbO waterproof protector

Thank you for your professional interest in the LimbO Waterproof Protector. This guide explains why the LimbO is recognised as a leading waterproof protection solution for patients and quickly assists you with product selection. The guide highlights how to obtain a LimbO including options on FP10 prescription or the NHS Shared Business Services framework (NHS SBS). We have also included a section about our outdoor cast protectors, cast accessories, mobility aids and a range of diabetic socks.



For further support and resources please visit [www.limboproducts.co.uk](http://www.limboproducts.co.uk) or see our contact details on the back cover.



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“Patient use of the LimbO reduces the chance of wet dressings and casts and the associated problems of discomfort, clinical complications and delays to recovery”.

## Why is the LimbO the most recommended protector?

### Helping the Patient

- More independence during recovery
- Easy to use
- Maintain personal hygiene
- Durable and submersible
- Reliable waterproof protection
- Adult and child sizes
- Easy to order via phone, web or Amazon
- Prices from £9.15
- Rapid delivery
- Latex free
- Intended for single patient use

### Helping Your Team

- Reduce healthcare risks associated with wet dressings and wet casts
- Reduce avoidable NHS costs resulting from re-casting and re-dressing
- Easy size selection
- Certain models available on FP10 prescription and NHS SBS framework.
- Bespoke sizes available for unique cases
- 27 years as a trusted solution
- Dedicated practitioner content on our website

## Featuring the unique LimbO neoprene seal

- Flexible and comfortable
- Superior design providing a complete waterproof barrier against the skin
- Gentle non-constrictive seal, made with premium neoprene
- Guaranteed for twelve weeks with regular use
- Proudly designed and manufactured in the UK



# Guaranteed waterproof protection for casts, dressings or PICC lines



## Adult Half Arm

For casts or dressings below the elbow.

- Seals just above the elbow
- Suitable for the bath or shower
- NHS SBS framework options



Height (cm)	Weight (kg)	Length (cm)	Circumference (cm)		Model	NHS SBS
			Limb	Cast		
152+	Under 51	49	22-25	33	M50A	
152+	51-70	53	25-29	40	M60	✓
152+	70+	53	30-39	44	M67	✓



## Adult Full Arm

For casts or dressings covering the whole arm.

- Seals at the top of the upper arm
- Suitable for the bath or shower
- NHS SBS framework options



Height (cm)	Weight (kg)	Length (cm)	Circumference (cm)		Model	NHS SBS
			Limb	Cast		
152+	51-70	69	25-29	40	M60L	✓
152+	70-108	69	30-39	44	M70	✓
152+	108+	69	39-54	57	M87	✓



## Adult and Child Elbow

For PICC Lines, Midlines, or dressings on the elbow or upper arm.

- Seals above and below the elbow
- Ideal to support patients during IV treatment
- Suitable for the bath or shower
- Prescription options
- Child option
- NHS SBS framework options



Height (cm)	Weight (kg)	Length (cm)	Circumference (cm)		Model	PIP Code	NHS SBS
			Limb	Dressing			
Under 152	Under 51	12	22-25	33	M45S	N/A	
152+	Under 51	26	22-25	33	M45	N/A	
152+	51-70	26	25-29	40	M65	386-4303	✓
152+	70-108	26	30-39	44	M75	386-4311	✓
152+	108+	26	39-54	57	M85	N/A	



## Adult Hand

For light dressings on the hand.

- Seals on the forearm
- Not suitable for plaster casts or following thumb surgery. Select Adult Half Arm model instead



Height (cm)	Weight (kg)	Length (cm)	Circumference (cm)		Model
			Limb	Cast	
Slim to Medium Build		30	22-25	Bandage Only	MITT

# The comfortable, trusted solution for staying dry in the shower or bath



## Adult Half Leg

For casts or dressings below the knee.

- Seals just above the knee
- Suitable for use with diabetic ulcers
- Suitable for the bath or shower
- Prescription options
- NHS SBS framework options



Height (cm)	Weight (kg)	Length (cm)	Circumference (cm)		Model	PIP Code	NHS SBS
			Limb	Cast			
165 to 183	64-102	73	39-54	57	M80	320-0045	✓
Under 165	64-102	65	39-54	57	M80S	320-0052	✓
183+	64-102	83	39-54	57	M80L	N/A	
165 to 183	Under 64	73	35-39	44	M76	333-7581	✓
Under 165	Under 64	65	35-39	44	M76S	333-7599	✓
183+	Under 64	83	35-39	44	M76L	N/A	
165 to 183	102-140	73	52-57	59	M180	320-0060	✓
Under 165	102-140	65	52-57	59	M180S	320-0078	✓
183+	102-140	83	52-57	59	M180L	N/A	
152 to 183	140+	73	65-90	94	M200HL	N/A	✓



## Adult Full Leg

For casts or dressings covering the whole leg.

- Seals at the top of the leg
- Suitable for use with diabetic ulcers
- Suitable for the bath or shower
- NHS SBS framework options



Height (cm)	Weight (kg)	Length (cm)	Circumference (cm)		Model	NHS SBS
			Limb	Cast		
165 to 183	64-102	96	52-65	70	M100	✓
Under 165	64-102	85	52-65	70	M100S	
183+	64-102	103	52-65	70	M100L	
Under 183	Under 64	96	39-54	57	M80LL	✓
152 to 183	102+	96	65-90	94	M200FL	✓



## Adult Knee

For light dressings on the knee.

- Seals above and below the knee
- For shower use only

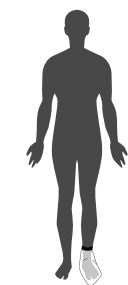


Height (cm)	Weight (kg)	Length (cm)	Circumference (cm)		Model
			Limb	Dressing	
165 to 183	64-102	38	39-54	57	M86

## Adult Orthopaedic Boot

For orthopaedic boots. For the seal to be large enough to go over the boot, please select the appropriate size Adult Full Leg LimbO model.

- Seals at the top of the thigh
- Suitable for the bath or shower



## Adult Foot

For light dressings below the ankle.

- Seals above the ankle bone
- Suitable for use with diabetic ulcers
- For shower use only
- Available on FP10 prescription
- NHS SBS framework options



Shoe Size	Circumference (cm)		Model	PIP Code	NHS SBS
	Limb	Dressing			
Max shoe size 11	20-25	33	M20	416-6476	✓
Max shoe Size 11	23-34	40	M25	416-6484	✓

# Eliminate the need for replacing wet bandages or ruined plaster casts



## Child Full Leg

For casts or dressings covering the leg.

- Seals at the top of the thigh
- Suitable for the bath or shower



Age	Weight (kg)	Height	Length (cm)	Circumference (cm)		Model
				Limb	Cast	
3 yrs			53	25-34	40	FL3
4-5 yrs			58	25-34	40	FL45
6-7 yrs			61	35-39	44	FL67
8-10 yrs			73	39-54	57	FL810
11-13 yrs			83	39-54	57	FL1113

Size is typical for age, select as you would for clothing



## Child Half Leg

For casts or dressings below the knee, on older children.

- Seals just above the knee
- Suitable for the bath or shower



Age	Weight (kg)	Height	Length (cm)	Circumference (cm)		Model
				Limb	Cast	
8-10 yrs			58	25-34	40	BK810
11-13 yrs			61	35-39	44	BK1113

Size is typical for age, select as you would for clothing



## Child Full Arm

For casts or dressings on the arm.

- Seals at the top of the arm
- Aqua blue junior style
- Suitable for the bath or shower



Age	Weight (kg)	Height	Length (cm)	Circumference (cm)		Model
				Limb	Cast	
2-3 yrs			31	16-22	29	FA23
4-5 yrs			43	16-22	29	FA45
6-7 yrs			49	22-25	33	FA67
8-10 yrs			58	22-25	33	FA810
11-13 yrs			58	25-34	40	FA1113

Size is typical for age, select as you would for clothing



## Child Half Arm

For casts or dressings below the elbow, on older children.

- Seals just above the elbow
- Slim and standard arm options
- Aqua blue junior style
- Suitable for the bath or shower



Age	Weight (kg)	Height	Length (cm)	Circumference (cm)		Model
				Limb	Cast	
8-10 yrs-Slim			36	16-22	29	BE810-40
8-10 yrs-Standard			36	22-25	33	BE810-50
11-13 yrs-Slim			43	16-22	29	BE1113-40
11-13 yrs-Standard			43	22-25	33	BE1113-50

Size is typical for age, select as you would for clothing

# Accessories and protection for casts, dressings and PICC Lines

## Making life more comfortable



### Arm Sleeve for Cast / Dressing / PICC Line

Brighten up your arm cast with a soft lycra cover.

- Helps avoid snagging
- Adult and child sizes
- Elbow / PICC sleeve options - smart and discreet
- Available colours ●●●●●



### Adult Leg Sleeve for Cast / Dressing

Keep your leg cast clean with a stylish lycra cover.

- Helps avoid snagging
- Available colours ●



### Toe Cozy

Keep toes clean and warm with a cosy fleece cover.

- Adjustable Velcro® straps
- Can be used with dressings too
- Available colours ●●●●



### Oarsome Grips

Extra comfort for crutch handles.

- Helps avoid blisters
- Sold as a pair
- Available colours ●●●

## Keep clean and dry whilst outside

### outcast Adult Foot Cover (Sandal not included)

Keep your cast / dressing clean and dry whilst outside.

- Breathable waterproof fabric
- Adjustable Velcro® straps
- Strong and durable



### outcast Adult Mitt / Child Mitt

Keep your cast / dressing clean and dry whilst outside.

- Breathable waterproof fabric
- Adjustable Velcro® straps
- Strong and durable



### outcast Adult Wrist Cover

Keep your cast / dressing clean and dry whilst outside with exposed fingers for a better grip.

- Breathable waterproof fabric
- Adjustable Velcro® straps
- Left and right hand options



### SEALSKINZ Waterproof Sock

Rugged outdoor sock for child's lower leg.

- Perfect for the garden or beach
- Waterproof and breathable





## Diabetic Sock Collection - Socks that do not constrict blood flow on the lower leg

### Prosox

- Stay up without applying pressure
- Welt-free
- Available in cotton or wool
- Anti-slip option available



### Gentle Grip Socks

- Non-binding
- Available in black, grey or six vibrant colours as shown
- Extra wide oedema option available



### Sock Aid

- Pull on socks with minimum stretching
- Ribbed thumb grips
- Lightweight



### Walk-Ease Walking Stick

- Adjustable length
- Handle designed for extra comfort
- Flexible ferrule to maximise contact with the ground
- Three styles



### Stick and Stay (Suction Grab Rail)

- Easy to fit
- Ideal for travel
- Suitable for ceramic or glass
- Safety indicator



## Helping you whilst you help patients

The bodyblock limb support provides a hygienic multidisciplinary, multipurpose support block for clinical environments.

bodyblock

With four sides creating different heights, the bodyblock is a versatile tool for delivering stable elevation during treatment. Simply flip it for a different height and reduce bending to treat patients. The bodyblock can be used to support the head, legs, heels or arms and can also be used as knee spacer. The bodyblock is lightweight, strong and easy to sterilise.



### NO QUIBBLE GUARANTEE

We want users to be totally happy with their LimbO and the service they receive from us. The LimbO is guaranteed to last twelve weeks when used correctly. If the LimbO proves unsuitable for the intended application or fails to last twelve weeks, a refund will be given or replacement will be provided. This does not affect statutory rights.

Please note: The LimbO comes with full instructions and safety information. The LimbO is not intended for use on open or undressed wounds and should not be used in the sea or swimming pools.

Prices correct at September 2021

# Adult

(for quick size selection use height and weight. Use length and circumference points shown on diagram for extra guidance)

Limb Coverage	Full Product Description	Height (cm)	Weight (kg)	Limb Length (cm)	Limb Circumference (cm)	Cast Circumference (cm)	Model	PIP Code	NHS SBS	Diabetic Ulcers	PICC Lines	Page	Conversion Tables	
													Stone	Kilos
Full	Adult Full Arm-Slim	152+	51-70	69	25-29	40 (maximum)	M60L		✓			4	8	51
Full	Adult Full Arm-Medium	152+	70-108	69	30-39	44 (maximum)	M70		✓			4	8.5	54
Full	Adult Full Arm-Large	152+	108+	69	39-54	57 (maximum)	M87		✓			4	9	57
Half	Adult Half Arm-Slimmer Adult	152+	Under 51	49	22-25	33 (maximum)	M50A					4	9.5	60
Half	Adult Half Arm-Slim to Medium	152+	51-70	53	25-29	40 (maximum)	M60		✓			4	10	64
Half	Adult Half Arm-Medium to Large	152+	70+	53	30-39	44 (maximum)	M67		✓			4	10.5	67
Elbow	Adult Elbow-Extra Slim	152+	Under 51	26	22-25	33 (maximum)	M45				●	5	11	70
Elbow	Adult Elbow-Slim to Medium	152+	51-70	26	25-29	40 (maximum)	M65	386-4303	✓		●	5	11.5	73
Elbow	Adult Elbow-Medium to Large	152+	70-108	26	30-39	44 (maximum)	M75	386-4311	✓		●	5	12	76
Elbow	Adult Elbow-Extra Large	152+	108+	26	39-54	57 (maximum)	M85				●	5	12.5	79
Full	Adult Hand	Slim to Medium Build		30	22-25	Bandage Only	MITT					5	13	83
Full	Adult Full Leg	165 to 183	64-102	96	52-65	70 (maximum)	M100		✓			6	13.5	86
Full	Adult Full Leg-Short	Under 165	64-102	85	52-65	70 (maximum)	M100S					6	14	89
Full	Adult Full Leg-Long	183+	64-102	103	52-65	70 (maximum)	M100L					6	14.5	92
Full	Adult Full Leg-Slim	Under 183	Under 64	96	39-54	57 (maximum)	M80LL		✓			6	15	95
Full	Adult Full Leg-Extra Heavy Leg	152 to 183	102+	96	65-90	94 (maximum)	M200FL		✓			6	15.5	98
Half	Adult Orthopaedic Boot	For any Orthopaedic Boot please select a full leg LimbO										6	16	102
Half	Adult Half Leg	165 to 183	64-102	73	39-54	57 (maximum)	M80	320-0045	✓	●		6	16.5	105
Half	Adult Half Leg-Short	Under 165	64-102	65	39-54	57 (maximum)	M80S	320-0052	✓	●		6	17	108
Half	Adult Half Leg-Long	183+	64-102	83	39-54	57 (maximum)	M80L			●		6	17.5	111
Half	Adult Half Leg-Slim	165 to 183	Under 64	73	35-39	44 (maximum)	M76	333-7581	✓	●		6	18	114
Half	Adult Half Leg-Slim-Short	Under 165	Under 64	65	35-39	44 (maximum)	M76S	333-7599	✓	●		6	18.5	118
Half	Adult Half Leg-Slim-Long	183+	Under 64	83	35-39	44 (maximum)	M76L			●		6	19	121
Half	Adult Half Leg-Large	165 to 183	102-140	73	52-57	59 (maximum)	M180	320-0060	✓	●		6	19.5	124
Half	Adult Half Leg-Large-Short	Under 165	102-140	65	52-57	59 (maximum)	M180S	320-0078	✓	●		6	20	127
Half	Adult Half Leg-Large-Long	183+	102-140	83	52-57	59 (maximum)	M180L			●		6		
Half	Adult Half Leg-Extra Heavy Leg	152 to 183	140 +	73	65-90	94 (maximum)	M200HL		✓	●		6	4	122
Knee	Adult Knee	165 to 183	64-102	38	39-54	57 (maximum)	M86					7	4.6	137
Full	Adult Foot-Slim to Medium	Max shoe size 11			20-25	33 (maximum)	M20	416-6476	✓	●		7	5	152
Full	Adult Foot-Medium to Large	Max shoe Size 11			23-34	40 (maximum)	M25	416-6484	✓	●		7	5.6	168

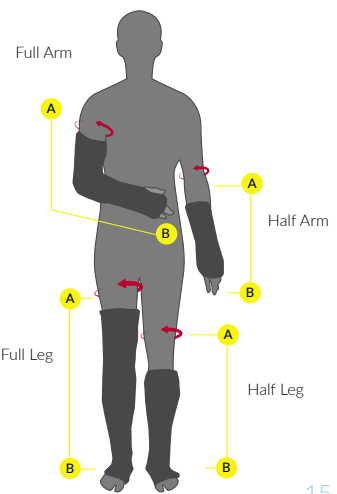
Feet	cm
4	122
4.6	137
5	152
5.6	168
6	183
6.6	198
7	214

# Child

(for quick size selection use clothing size. Use length and circumference points shown on diagram for extra guidance)

Full	Child Full Arm-2-3 yrs			31	16-22	29 (maximum)	FA23					9
Full	Child Full Arm-4-5 yrs			43	16-22	29 (maximum)	FA45					9
Full	Child Full Arm-6-7 yrs			49	22-25	33 (maximum)	FA67					9
Full	Child Full Arm-8-10 yrs		Size is typical for age, select as you would for clothing	58	22-25	33 (maximum)	FA810					9
Full	Child Full Arm-11-13 yrs			58	25-34	40 (maximum)	FA1113					9
Half	Child Half Arm-8-10 yrs-Slim			36	16-22	29 (maximum)	BE810-40					9
Half	Child Half Arm-8-10 yrs-Standard			36	22-25	33 (maximum)	BE810-50					9
Half	Child Half Arm-11-13 yrs-Slim			43	16-22	29 (maximum)	BE1113-40					9
Half	Child Half Arm-11-13 yrs-Standard		43	22-25	33 (maximum)	BE1113-50					9	
Elbow	Child Elbow	Under 152	Under 51	12	22-25	33 (maximum)	M45S			●		5
Full	Child Full Leg-3 yrs			53	25-34	40 (maximum)	FL3					8
Full	Child Full Leg-4-5 yrs			58	25-34	40 (maximum)	FL45					8
Full	Child Full Leg-6-7 yrs		Size is typical for age, select as you would for clothing	61	35-39	44 (maximum)	FL67					8
Full	Child Full Leg-8-10 yrs			73	39-54	57 (maximum)	FL810					8
Full	Child Full Leg-11-13 yrs			83	39-54	57 (maximum)	FL1113					8
Half	Child Half Leg-8-10 yrs			58	25-34	40 (maximum)	BK810					8
Half	Child Half Leg-11-13 yrs			61	35-39	44 (maximum)	BK1113					8

## Measuring Guide





# Here to help you, your team and your patients

Our clinical support team is on hand to help you with:

- Questions about the LimbO
- Supplying posters, leaflets and literature for your clinic/hospital
- Prescription request forms
- Samples or demonstrations of the LimbO for your team
- Wholesale/volume purchasing
- Support to assist with CPD
- Details of international re-sellers and distributors

## For Clinical Support:

- Call: 01243 578755
- Email: [info@limboproducts.co.uk](mailto:info@limboproducts.co.uk)
- Visit: [www.limboproducts.co.uk](http://www.limboproducts.co.uk)

If referring patients directly, please ask them to contact our customer services team on: 01243 573417

Rapid delivery: Same day despatch for orders up to 4.00pm weekdays and 11.00am on Saturdays. Standard P&P from £2.95.



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